

WESTERN SERIES EVALUATION PAPER

GRADE 3 TERM I-2019

HYGIENE AND NUTRITION



Name _____

School _____

Date _____

1. _____ treats our eyes.
(a doctor, a dentist, an optician)

2. An old piece of _____ can be used as a handkerchief.
(cloth, paper, blanket)

3. Eating healthy food makes us _____
(thin, strong, weak)

4. We should drink _____ water.
(dirty, boiled, muddy)

Name two things used to clean our body

5. _____

6. _____

7. Sugary food spoil our _____
(nose, teeth, tongue)

8. Our _____ covers the head.
(wool, hair, eyes)

Match the plants with the part we eat

9. Sugarcane Roots

10. Carrot Leaves

11. Avocado Bulb

12. Cabbage Stem

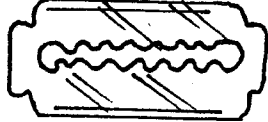
13. Onion Fruits

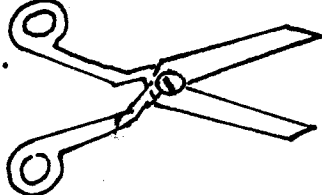
14. Kites fly well when the weather is _____
(sunny, windy, rainy)


15. _____ are the hairs above the eye.
(eyebrows, eyelashes, pupil)

16. Round wheels move _____
(slowly, easily)

Name the following

17.  _____

18.  _____

19.  _____

20.  _____

21. We can produce sound by _____
(smelling, hitting, smiling)

22. Sleep helps our body to _____
(play, relax, breath)

23. _____ are found in rural areas.
(toilets, pit latrines, urinals)

24. When we stand in the sun our bodies make _____
(pictures, shadows, books)

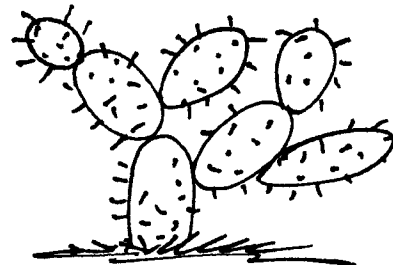
Name four senses that we have

25. _____
26. _____
27. _____
28. _____
29. We put on gumboots when the weather is _____
(rainy, sunny, windy)
30. _____ is a tiny plant which has started growing.
(leaf, seedling, seed)
31. We should use _____ items.
(dirty, clean, old)
32. We filter water using a piece of _____
(cloth, wood, paper)
33. _____ is not a source of water.
(river, rain, tap)
34. Medicines should be kept away from _____
(mothers, fathers, children)
35. Dirty mouth smells _____
(good, smart, bad)
36. Exercising makes us _____ and strong.
(weak, sick, healthy)
37. We should remove cob webs with a _____ broom.
(short, long, dirty)
38. We use dental floss to remove food stuck between our _____
(eyes, teeth, mouth)

Name three personal items

39. _____

40. _____
41. _____
42. Pyrethrum is used to make _____
(insecticide, oil, food)
43. Plants need _____ to grow well.
(water, darkness, soil)
44. Winnowing is separating _____ from grains.
(water, chaff, hair)
45. Which animal can be modelled easily with clay soil? _____
(elephant, dog, snake)
46. Always _____ the modern toilet after using it.
(burn, flush, make)
47. This is a _____ plant.



(maize, cactus, bean)

48. We wear _____ on our feet.
(gloves, socks, scarf)

Draw the following organs

49. Ear	
50. Nose	