



## HOME SCIENCE SCHEME OF WORK GRADE 4 TERM 1

NAME	
TSC NO.	
SCHOOL	

## HOME SCIENCE SCHEME OF WORK GRADE 4 TERM ONE

Week	Lesson	Strand	Sub strand	Specific learning outcomes	Key inquiry questions	Learning experiences	Learning resources	Assessment	Remarks
1	1	<b>Healthy Practices</b>	<b>Play</b>	By the end of the sub strand, the learner should be able to: name the various needs of a child for healthy development	What are the needs of a child for healthy development?	Learners name the needs of a child for healthy development (food, shelter, clothing, play and rest) using digital resources (pictures, video clips and audios), charts, realia Learners share experiences on the different games played in their locality	Oxford Home Science Grade 4 pg 1-5 Digital resources (pictures, video clips and audios), charts, realia, play items, resource person, reference books		
	2	<b>Healthy Practices</b>	<b>Play</b>	By the end of the sub strand, the learner should be able to: identify different games played in the locality identify play items for a child	Which play items within your locality are suitable for a child?	Learners name the needs of a child for healthy development (food, shelter, clothing, play and rest) using digital resources (pictures, video	Oxford Home Science Grade 4 pg 1-5 Digital resources (pictures, video clips and audios), charts, realia, play items, resource person, reference books		

						clips and audios), charts, realia Learners share experiences on the different games played in their locality			
	3	<b>Healthy Practices</b>	<b>Play</b>	By the end of the sub strand, the learner should be able to: list qualities to look for when choosing suitable play items for a child	What are the qualities of a good play item for a child?	In groups, learners make a play item using locally available materials Using video clips, stories, charts and pictures, Learners discuss safety during play Using video clips and stories learners share experiences on issues to do with security of children during play	Oxford Home Science Grade 4 pg 6-8 Digital resources (pictures, video clips and audios), charts, realia, play items, resource person, reference books		

2	1	<b>Healthy Practices</b>	<b>Play</b>	By the end of the sub strand, the learner should be able to: make a play item using locally available materials	Which are the common accidents that occur during play	Using video clips and stories learners share experiences on issues to do with security of children during play	Oxford Home Science Grade 4 pg 9-11 Digital resources (pictures, video clips and audios), charts, realia, play items, resource person, reference books		
	2	<b>Healthy Practices</b>	<b>Play</b>	By the end of the sub strand, the learner should be able to: care for the play items for the safety of the child appreciate the importance of rest after play	What security challenges occur during play?	stories learners share experiences on issues to do with security of children during play	Oxford Home Science Grade 4 pg 9-11 Digital resources (pictures, video clips and audios), charts, realia, play items, resource person, reference books		
	3	<b>Healthy Practices</b>	<b>Common Illnesses in the locality</b>	By the end of the sub strand, the learner should be able to: identify common illnesses in the locality communicate when feeling unwell to others	What causes illness?	Learners share experiences on incidences when they were unwell (pain, stomach ache, headache, feeling hot or cold,) Learners role play on how to communicate	Oxford Home Science Grade 4 pg 13-14 Video clips, pictures, charts, health posters, and resource person		

						with others when feeling unwell			
<b>3</b>	<b>1</b>	<b>Healthy Practices</b>	<b>Common Illnesses in the locality</b>	By the end of the sub strand, the learner should be able to: identify the causes of common illnesses in the locality	How can you tell that you are unwell?	Learners watch video clips, pictures and charts on what causes feeling unwell In groups, learners discuss the causes of common illness in their locality (coughs, colds. Ear ache, sore throat, vomiting, diarrhoea),	Oxford Home Science Grade 4 pg 15-17 Video clips, pictures, charts, health posters, and resource person		
	<b>2</b>	<b>Healthy Practices</b>	<b>Common Illnesses in the locality</b>	By the end of the sub strand, the learner should be able to: identify healthy practices that prevent illnesses in the locality	How can you tell that you are unwell?	Learners identify healthy practices that prevent feeling unwell from pictures, charts, health documentaries, health posters	Oxford Home Science Grade 4 pg 17-18 Video clips, pictures, charts, health posters, and resource person		

						(washing hands, using a handkerchief, covering the mouth when coughing, wearing shoes, washing raw vegetables and fruits, drinking clean water, using clean cutlery)			
	3	<b>Healthy Practices</b>	<b>Common Illnesses in the locality</b>	By the end of the sub strand, the learner should be able to: practice healthy measures that prevent illnesses in the locality appreciate the importance of healthy practices in promoting good health in the locality	How can you tell that you are unwell?	In groups, learners use the pictures, health documentaries and health posters to guide discussion on healthy measures to prevent illness in the locality Learners watch demonstrations, video clips, observe pictures and charts on measures to prevent illness in the locality	Oxford Home Science Grade 4 pg 17-18 Video clips, pictures, charts, health posters, and resource person		

<b>4</b>	<b>1</b>	<b>Healthy Practices</b>	<b>Care of the home</b>	By the end of the sub strand, the learner should be able to: identify cleaning materials and tools used at home	What materials and tools do we use to clean our home?	Learners identify cleaning materials and tools used at home using realia, pictures, video clips, charts (sweeping mopping, dusting and disposal of refuse)	Oxford Home Science Grade 4 pg 19-23 Realia, pictures, video clips, charts, cleaning materials and tools		
	<b>2</b>	<b>Healthy Practices</b>	<b>Care of the home</b>	By the end of the sub strand, the learner should be able to: use locally available resources to make cleaning materials and tools to be used at home	What materials and tools do we use to clean our home?	In groups, learners discuss improvisation of cleaning materials and tools made from locally available resources	Oxford Home Science Grade 4 pg 25 Realia, pictures, video clips, charts, cleaning materials and tools		
	<b>3</b>	<b>Healthy Practices</b>	<b>Care of the home</b>	By the end of the sub strand,	How do we clean	In groups, learners	Oxford Home Science Grade 4		

				the learner should be able to: describe the procedures of cleaning the home	our home?	discuss improvisation of cleaning materials and tools made from locally available resources	pg 25 Realia, pictures, video clips, charts, cleaning materials and tools		
<b>5</b>	<b>1</b>	<b>Healthy Practices</b>	<b>Care of the home</b>	By the end of the sub strand, the learner should be able to: use various procedures to clean the home	How do we care for cleaning materials and tools?	Learners practice safety when making improvised cleaning materials and tools from locally available resources	Oxford Home Science Grade 4 pg 25 Realia, pictures, video clips, charts, cleaning materials and tools		
	<b>2</b>	<b>Healthy Practices</b>	<b>Care of the home</b>	By the end of the sub strand, the learner should be able to: observe safety when carrying out cleaning activities in the home	Which safety measures do we observe when: cleaning (sweeping, mopping, dusting)	In groups, learners discuss procedures of cleaning the home (sweeping, mopping, dusting and disposal of refuse)	Oxford Home Science Grade 4 pg 25 Realia, pictures, video clips, charts, cleaning materials and tools		



	3	<b>Healthy Practices</b>	<b>Care of the home</b>	By the end of the sub strand, the learner should be able to: care for cleaning materials and tools for durability appreciate a clean home in promoting healthy living	Which safety measures do we observe when disposing of refuse?	Learners clean using various procedures (dusting, mopping, sweeping, disposal of refuse) Learners practice safety when carrying out cleaning activities in the home Learners clean and store cleaning materials and tools used at home	Oxford Home Science Grade 4 pg 26-27 Realia, pictures, video clips, charts, cleaning materials and tools		
6	1	<b>Healthy Practices</b>	<b>Care of the home</b>	By the end of the sub strand, the learner should be able to:	Which safety measures do we observe when making improvised materials and	Learners clean using various procedures	Oxford Home Science Grade 4 pg 26-27 Realia, pictures, video clips, charts, cleaning		

					tools for cleaning?	(dusting, mopping , sweeping , disposal of refuse) Learners practice safety when carrying out cleaning activities in the home Learners clean and store cleaning materials and tools used at home	materials and tools		
	2	<b>Healthy Practices</b>	<b>Care and cleaning of shoes</b>	By the end of the sub strand, the learner should be able to: identify different materials used for making shoes	What are the materials used for making different types of shoes?	Learner identifies different materials used for making shoes using pictures, realia, video clips (plastic, leather and canvas shoes)	Oxford Home Science Grade 4 pg 28-30 Pictures, chart, plastic, leather and canvas shoes, video clips and cleaning materials and tools		
	3	<b>Healthy Practices</b>	<b>Care and cleaning of shoes</b>	By the end of the sub strand, the learner should be able	What are the materials used for making	In pairs, learners discuss materials	Oxford Home Science Grade 4 pg 28-32 Pictures, chart,		

				to: identify materials used for cleaning different types of shoes	different types of shoes?	used for cleaning different types of shoes	plastic, leather and canvas shoes, video clips and cleaning materials and tools		
<b>7</b>	<b>1</b>	<b>Healthy Practices</b>	<b>Care and cleaning of shoes</b>	By the end of the sub strand, the learner should be able to: describe the procedure of cleaning different types of shoes clean shoes made from different types of materials	What are the materials used for making different types of shoes?	In groups, learners explain the procedure of cleaning different types of shoes Learners watch video clips or demonstratio n on cleaning different types of shoes	Oxford Home Science Grade 4 pg 28-32 Pictures, chart, plastic, leather and canvas shoes, video clips and cleaning materials and tools		
	<b>2</b>	<b>Healthy Practices</b>	<b>Care and cleaning of shoes</b>	By the end of the sub strand, the learner should be able to: clean shoes made from different types	How do you clean shoes made from different materials?	Learners clean and store materials after cleaning shoes made from different materials	Oxford Home Science Grade 4 pg 28-32 Pictures, chart, plastic, leather and canvas shoes, video		

				of materials		(scrubbing brush, soft cloth, soap, etc.) Learners practice safety when cleaning different types of shoes	clips and cleaning materials and tools		
	3	<b>Healthy Practices</b>	<b>Care and cleaning of shoes</b>	By the end of the sub strand, the learner should be able to: practice safety when cleaning different types of shoes	How do you clean shoes made from different materials?	Learners clean and store materials after cleaning shoes made from different materials (scrubbing brush, soft cloth, soap, etc.) Learners practice safety when cleaning different types of shoes	Oxford Home Science Grade 4 pg 36-37 Pictures, chart, plastic, leather and canvas shoes, video clips and cleaning materials and tools		
8	1	<b>Healthy Practices</b>	<b>Care and cleaning of shoes</b>	By the end of the sub strand, the learner should be able to: clean and store materials used for cleaning different types of shoes appreciate the	How do you clean shoes made from different materials?	Learners keep a daily log showing how often they clean their shoes	Oxford Home Science Grade 4 pg 36-37 Pictures, chart, plastic, leather and canvas shoes, video clips and cleaning materials and		

				importance of wearing clean shoes			tools		
2	<b>Healthy Practices</b>	<b>Fuels used at home</b>	By the end of the sub strand, the learner should be able to: identify types of fuels used at home	Which types of fuel are available in your locality?	Learners identify types of fuel used at home (electricity, charcoal, wood, gas, paraffin) using charts, pictures, video clips and realia	Oxford Home Science Grade 4 pg 41 Oxford Home Science Grade 4 pg 39-40 Charts, pictures, video clips, realia, types of fuel, resource person, equipment			
3	<b>Healthy Practices</b>	<b>Fuels used at home</b>	By the end of the sub strand, the learner should be able to: state reasons for using various types of fuel at home use and conserve fuels used at home	How do you conserve fuel at home?	Learners identify types of fuel used at home (electricity, charcoal, wood, gas, paraffin) using charts, pictures, video clips and realia	Oxford Home Science Grade 4 pg 41-42 Charts, pictures, video clips, realia, types of fuel, resource person, equipment			
3	<b>Healthy Practices</b>	<b>Fuels used at home</b>	By the end of the sub strand, the learner	How do you ensure safety	In groups, learners discuss ways	Oxford Home Science Grade 4 pg 42-43 Charts, pictures,			

				should be able to: use and conserve fuels used at home	while using fuel at home?	of conserving fuel at home Learners watch a video clip or demonstration using different types of fuel at home	video clips, realia, types of fuel, resource person, equipment		
<b>9</b>	<b>1</b>	<b>Healthy Practices</b>	<b>Fuels used at home</b>	By the end of the sub strand, the learner should be able to: practice safety when using fuels	What are the challenges you are likely to face when using different types of fuel at home?	In groups, learners discuss ways of conserving fuel at home Learners watch a video clip or demonstration using different types of fuel at home	Oxford Home Science Grade 4 pg 46-47 Charts, pictures, video clips, realia, types of fuel, resource person, equipment		
	<b>2</b>	<b>Healthy Practices</b>	<b>Fuels used at home</b>	By the end of the sub strand, the learner should be able to: state the	What are the challenges you are likely to face when using different types of fuel	In groups, learners discuss the challenges faced when using	Oxford Home Science Grade 4 pg 44-46 Charts, pictures, video clips, realia, types of fuel, resource		

				challenges faced when using different types of fuel at home	at home?	different types of fuel at home	person, equipment		
	<b>3</b>	<b>Healthy Practices</b>	<b>Fuels used at home</b>	By the end of the sub strand, the learner should be able to: appreciate the importance of conserving fuel at home	What are the challenges you are likely to face when using different types of fuel at home?	Learners role play safety precautions to be observed while using fuel at home	Oxford Home Science Grade 4 pg 47-48 Charts, pictures, video clips, realia, types of fuel, resource person, equipment		
<b>10</b>	<b>CONTINUOUS ASSESSMENT TEST</b>								