NAMEADM N		ADM NO	[O	
CLASS	SIGN	DATE		
441/1				
HOMESCIENCE				
PAPER 1				
(THEORY)				
September 2022				
2 ½ HRS				

SUNRISE 2 END TERM 2 EXAMS - 2022

Kenya Certificate of Secondary Education

Home Science

Paper 1

(THEORY)

2 ½ HRS

Instructions to candidates

- This paper contains 3 sections: A, B and C
- Answer ALL questions in section A and B and choose any TWO from sectionC.
- Write your name and admission number in the spaces provided above.
- Sign and write the date in the spaces provided above.
- All answers should be written in the spaces provided on the question paper.

For official Use Only

SECTION	QUESTION	MAX. SCORE	ACTUAL SCORE
S			
A	1 – 23	40 MARKS	
В	24	20 MARKS	
C	25 - 27	40 MARKS	
	TOTAL		

SECTION A (40MKS)(Answer all questions)

1. List two water soluble vitamins.	(1mk
•	(2mks
3. State four nutritional disorders associated with change in lifestyles.	(2mks
4. State the functions of the following parts of the machine. i) Tension Disc-	
ii) Take up lever-iii) Balance wheel-5. State two ways of bleaching clothes other than using commercial bleaches.	(2mks
6. State three measures to undertake to prevent the spread of infection when caring sick at home.	
7. Distinguish between meal planning and meal management.	(2mks

8. List four water borne diseases.	(2mks
9. Identify two ways of sterilising a baby's feeding equipment.	(2mks
10. Give the meaning of the term ante-natal care.	(2mks
11. Identify one benefit of increasing iron rich foods in a mother's diet.	(1mk
12. State two advantages of a well-lit room.	(2mks
13. Highlight two limitations of burning as a method of refuse disposal.	(2mks
14. Defferentiate between loose and fixed dirt.	(2mks
15. Highlight the benefit of consumer protection.	(1mk

16. State two disadvantages of buying goods by hire purchase.	(2mks
17. Identify any two rules for patching.	(1mk
18. Identify two categories of bleaches giving an example for each.	(1mk
19. State one difference between marasmus and kwashiorkor.	(1mk
20. List two factors that can cause premature birth.	(1mk)
21. State two functions of the weights and measures department.	(2mks)
22. State two ways one can ensure left-over food retains its freshness.	(2mks)
23. Give two ways fruits can be made available as convenience foods.	(2mks)

SECTION B (20MKS)(Compulsory)

preparation. Describe how you would (a) Launder her woolen shawl she is owing to use that evening. (8mks) (b) Clean her white canvas shoes with laces. (7mks) (c) Clean her plastic chair. (5mks) SECTION C (ANSWER ANY TWO QUESTIONS) 25. a) State four points to consider when buying labor saving cleaning equipment. (4mks) b) Outline five reasons for using soft furnishing in the home. (5mks) c) Discuss three factors that may affect normal foetus development. (6mks) d) Outline five measures to undertake to conserve fuel at home. (5mks) 26. a) Giving reasons, state four rules to observe while removing stains from the garment. (4mks) b) Explain four qualities of a good toy. (4mks) c) With the aid of 3 well labeled diagrams explain how to make a double-stitched (7mks) seam. d) Explain five laundry practices that are harmful to woolen fabrics. (5mks) 27. a) State four problems related to breastfeeding and give their remedies. (4mks) b) State four rules of first aid. (4mks) c) Discuss any two methods of credit buying. (4mks) d) Give four advantages electric lighting has over the use of hurrican lamp lighting. (4mks) e) Give four ways of conserving energy in the home while cooking. (4mks)

24. Your friend is celebrating her seventeenth birthday and you are to help in the

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