**CREATIVE AND SPORTS**

**1.** **Visual arts, music and dance, drama, film and sports**

**2.** **This is the spirit of working together to achieve a common goal**

**3.** **fiddles, violins and guitars.**

**4.** **putting near fire, turning laces, tuning the pegs**

**5.** **- Always wear appropriate swimming costume**

* **Always swim under supervision**
* **Avoid overcrowding in the swimming pool 6. Sprint start**

**7. - The run through finish technique**

* **The drop finish technique**
* **The shoulder shrug technique**

**8.** **- 4 by 400**

* **Medley**
  + **Circuit**

**9.** **- Back stretch**

* + **Sit and reach test 10. Relay race**

**11. - Bunch start**

* **Elongated sprint start**

**12 . Child naming, singing games, initiation, marriages**

**13 . They tell the main event or function, help in casting, help us**

**understand the performance.**

**14 . (a) Taa-a (b) Ta-e**

**15 . It’s a performance of more than two people.**

**16 . variation of note values/rests/repetition/symmetry/time signature.**